

Minoo Ahanchian PharmD

Pharmacy owner & community healthcare advocate, *PERTH*

Minoo Ahanchian is a dynamic and experienced community pharmacist, business owner, healthcare advocate, and pharmacist prescriber in training, based in Perth. Her career spans more than a decade of progressive roles in retail pharmacy management, ownership, and patient-care innovation.

Minoo is currently the owner of Neighbourhood Pharmacy Enex. Prior to this, Minoo was working as the pharmacist manager at the same pharmacy since January 2020. She has also held management roles at Neighbourhood Pharmacy Brookfield Place (2021-2023). She began her pharmacy career as an intern at Friendlies Pharmacy in 2017.

Minoo's long history in community pharmacy has given her extensive insight into the evolving role of pharmacists in public health – from medication dispensing, to broader wellness support, education, and integrated care. Under her leadership, Minoo's pharmacies have championed expanded services and positioned pharmacists as accessible, frontline healthcare providers.

Minoo speaks with authority on how community pharmacy can play a vital role in menstrual health, PMS and period pain, bridging the gap between clinical results and everyday access for women seeking relief and professional advice. She emphasises that pharmacies are more than dispensing points – they're trusted community health hubs where women can seek early support for symptoms that are often minimised or normalised.

Minoo is passionate about evidence-informed care. She believes pharmacists should be equipped to guide women on both pharmacological and non-pharmacological strategies for period pain, including lifestyle, nutrition, and emerging natural-relief options – aligning with the study outcomes announced today. Her work supports the continuing transformation of pharmacy practice in Western Australia, in line with new training and prescribing expansions for pharmacists.

Minoo fosters a care-first culture, building strong patient relationships, educating her team on women's health issues, and advocating for early intervention and empowerment. She is proud to support initiatives that raise awareness of menstrual health as a legitimate health priority, rather than a taboo or throw-away symptom.

When she's not working in pharmacy, Minoo is committed to community engagement and mentoring young pharmacists. Her experience as a pharmacy owner and healthcare leader places



her at the nexus of business, wellness and women's health advocacy, making her a compelling and trusted voice for this women's menstrual health campaign.

"Pharmacists play a pivotal role in offering meaningful support for period pain and PMS.

"As one of the most accessible health care professionals in Australia, we assist patients every day with their questions, concerns and problems regarding their menstrual cycle," said Minoo.

"Community pharmacists are also one of the only healthcare providers who offer free advice, meaning women can see a pharmacist anytime to find a holistic solution in a timely manner.

"A woman's personal health journey is not a simple one. There are many different aspects to consider, such as combining clinical treatments and natural options.

"Now, more data is becoming available on holistic and multidisciplinary approaches, which is especially important when it comes to women's health," Minoo said.

"Historically, there has been a clear gap in awareness and research into women's health. Our aim as a pharmacy, is to support women to make informed decisions about their health.

"Public awareness on women's health is also something we are focusing on, regardless of gender," said Minoo.

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To coordinate an interview with Minoo Ahanchian, please contact:

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