

Dr Anthony Sayce MBBS, BSc, FFPMANZCA, FRACGP

Specialist Pain Medicine Physician

College of Anaesthetists, **GOLD COAST**

Dr Anthony Sayce is a Specialist Pain Medicine Physician and former GP Anaesthetist holding Fellowships with both the Faculty of Pain Medicine (FFPMANZCA) and the Royal College of General Practitioners (FRACGP).

Based on the Gold Coast, he has extensive experience in pain medicine, anaesthesia, emergency, and military medicine.

Dr Sayce holds a Bachelor of Science from the Australian National University (ANU) and a Medical Degree from the University of Sydney (USYD).

After several years as a Medical Officer (MO) in the Australian Army, including multiple deployments to Afghanistan, Dr Sayce gained broad clinical experience in emergency, retrieval, and primary care settings. During this time, he attained his FRACGP and later pursued anaesthetic training in Sydney and Port Macquarie, where his interest in pain medicine first emerged.

Dr Sayce has worked as an Emergency and GP Anaesthetist in rural and remote Indigenous communities across Western Australia, Queensland, and New South Wales before undertaking formal specialist training in pain medicine at the Princess Alexandra Hospital (PAH) and the Gold Coast Interdisciplinary Persistent Pain Centre.

He currently practices as a Specialist Pain medicine physician, specialising in Pelvic Pain and interventional pain medicine.

Dr Sayce's professional expertise covers trauma and emergency medicine, anaesthesia, regional anaesthesia, and both acute and chronic pain management. He has a particular interest in transitional pain care, as well as supporting patients with cancer and end-of-life pain. His areas of special interest include Interventional Pain Medicine, Persistent Pelvic Pain, Neuromodulation, Regional Anaesthesia, and Transitional Pain Care.

A passionate advocate for people living with pain, Dr Sayce is committed to delivering timely, personalised, and comprehensive care. His solutions-focused approach helps patients navigate complex pain journeys with compassion and clarity.

Outside of medicine, Dr Sayce is a keen mountain biker and CrossFit enthusiast who enjoys spending time outdoors with family and friends.

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To coordinate an interview with Dr Anthony Sayce, please contact:

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