

Caroline Diamantis B.Pharm FPS MPG.JP

Leading community pharmacist and pharmacy owner specialising in women's health, **SYDNEY**

Caroline Diamantis is a distinguished, second-generation pharmacist with more than 35 years of experience in pharmacy ownership, leadership, and governance.

She currently serves as National Vice President of the Pharmaceutical Society of Australia (PSA), Director of the PSA NSW Branch, and a Councillor on the Pharmacy Council of NSW. Throughout her career, Caroline has been a powerful advocate for community healthcare, the advancement of the pharmacy profession, and gender equity in leadership.

Caroline graduated with a Bachelor of Pharmacy from the University of Sydney in 1987. Shortly after, she fulfilled her dream of purchasing her first pharmacy. In this role, Caroline realised the importance of differentiating the pharmacist profession, and advocating for Clinical Pharmacy and the Professional Services Model.

She has since owned and operated multiple community pharmacies, including her current role as proprietor of Balmain Community Pharmacy, and has been a founding contributor to the Blooms The Chemist franchise. As Director to the Board of Blooms The Chemist between 1995–2002, Caroline had the opportunity to advocate for female pharmacy owners and gender diversity in industry leadership positions, and spent several years enabling early-career pharmacists (ECPs) into ownership roles through mentoring and support programs.

Caroline has been a preceptor for approximately 20 interns throughout her career, and is closely associated with the pharmacy schools of the University of Sydney (USYD) and the University of Technology, Sydney (UTS), helping shape pharmacy education and address learning gaps. She also champions the integration of pharmacy services into the National Disability Insurance Scheme (NDIS) to improve access for vulnerable populations, including the elderly, disabled, and minority groups.

Caroline's governance and committee leadership roles are extensive. She is the immediate past Chair for both the Communities of Special Interest (CSI) – Contemporary Community Pharmacy Practice group, and the Pharmacy Council Research and Education Sub-Committee. She is the Chair of the PSA Policy and Advocacy Sub-Committee; and the PSA Offshore Refresher Conference. She has previously served as Vice-President and Alternate National Councillor of the NSW Pharmacy Guild, as well as Chair of its Pharmacy Viability sub-committee. Her influence extends across industry policy, professional standards, and legislative advocacy.

A confident public speaker and regular media commentator, Caroline actively engages with policymakers, industry leaders, and the broader community to promote pharmacy as an essential pillar of healthcare. Her vision is a future where pharmacists are empowered to work to their full scope, delivering equitable, accessible, and inclusive care to all Australians.



"Pharmacists are uniquely positioned to support menstrual wellbeing by combining clinical expertise with education, advocacy, and community outreach. Our knowledge, accessibility and trust within communities enable us to address both practical and clinical aspects of menstruation, improving health outcomes and reducing stigma," said Caroline.

"In community pharmacy, caring for women's health means being the frontline ally in menstrual wellbeing. From advising on period pain relief, to demystifying menstrual syndrome, pharmacists help women take control of their health with confidence, compassion and expertise.

"Therefore, it is not only our responsibility, but also our obligation to stay informed about the advancements in primary healthcare, including the development of new medications which become part of our tool kit," Caroline said.

"With new clinical evidence published in the [International Journal of Women's Health](#), Khapregesic® is now available as a well-tolerated option for treating menstrual pain, and PMS symptoms, including psychological distress. Based on these findings, it is a product I would feel confident recommending to appropriate patients.

"Supporting women's menstrual wellbeing is not merely a women's issue – it's a public health priority," said Caroline.

"In our modern world, ensuring access to compassionate care, workplace flexibility, and informed dialogue around period pain and menstrual syndrome is essential to unlocking women's full potential and advancing true equality."

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To coordinate an interview with Caroline Diamantis, please contact:

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