

## Jade Walker BHSc (Nat.)

### Naturopath; women's health educator; & founder & director, The Endo Care Collective, MELBOURNE

Jade Walker is a degree-qualified naturopath, women's health educator, and founder of *The Endo Care Collective* – an online education and support program for individuals living with endometriosis.

Jade's academic training provides a strong foundation in holistic health science, nutrition, herbal medicine, anatomy, physiology, and clinical practice, equipping her to deliver high-quality, integrative care with confidence and competence.

By combining clinical expertise with lived experience, Jade offers compassionate, evidence-informed care that empowers clients to take charge of their health.

Jade's path to naturopathy was shaped by years of debilitating menstrual pain and ongoing medical dismissal. While studying for her Bachelor of Health Science in Naturopathy, each lecture confirmed what she had long suspected: she was living with endometriosis.

A formal diagnosis years later validated her intuition, and ignited a deep commitment to transforming the diagnostic journey for others. Jade's story of resilience doesn't end there. After a long and challenging fertility journey, she became a mother to identical twin girls – a milestone she credits to persistence, science, and hope.

Jade has been recognised for her expertise in endometriosis care in *How to Endo* by Bridget Hustwaite – Australian radio presenter, author, and leading advocate for endometriosis awareness. She has also featured on multiple podcasts, sharing insights on women's health and holistic approaches to care.

Jade's mission is simple: to ensure people feel seen, heard, and empowered with the knowledge and support they need, so no one has to face the long, painful road to diagnosis alone.

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**To coordinate an interview with Jade Walker, please contact:**

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